



# The Messenger



Hamden Plains United Methodist Church  
15 Church St., Hamden, CT 06514  
203-248-4654

[www.hamdenplainsumc.com](http://www.hamdenplainsumc.com)    [www.facebook.com/HamdenPlainsUMC/](http://www.facebook.com/HamdenPlainsUMC/)  
YouTube : <https://tinyurl.com/t9q8gw6>

## Spiritual Sojourns

*The mission of the Hamden Plains United Methodist Church is sharing God's love by creating a safe and welcoming community, connecting people's needs with God's power, and reconciling divisions through Christ.*

- Sunday Worship Service 10:15 am
- Office Hours  
9:30am - 12:15pm  
Tuesday, - Friday

**STAFF**  
Rev. Cleaven Johnson Jr.  
Pastor  
Dunn Pearson  
Music Minister  
Nancy Estes  
Secretary  
Derrick Pommills  
Property Manager

As we embark upon this New Year, let us keep the faith in every negative situation that may present itself to us. We are King's Kids, and our Father desires nothing but the best for us. Hebrews 11:6 says "And without faith it is impossible to please him, for whoever would approach God must believe that he exists and that he rewards those who seek him." So, in everything we do, we must always attempt to please God.

We pray that everything we do is pleasing in God's sight. If we take the word of God (the bible) and make it applicable to our lives, God will be pleased. I possess the notion the bible is a road map to Heaven! It is not how the God of our salvation interacted with humanity in past times. However, Hebrews 13:8 says "Jesus Christ is the same yesterday and today and forever." He does not change!

So, when we come to church, we should come with praise in our mouths and excitement in our hearts. Although, we realize that life is not always a highway paved with Hershey, or a gravy train with biscuit wheels. In other words, "things are not always good."

We should believe the words of Nehemiah 8:10 that says "Then he said to them, go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our Lord, and do not be grieved, **for the joy of the Lord is your strength.**" The joy of the Lord is our strength. It is with all of us from day to day. What this scripture is saying to us is that when we come to church to praise God, the praise allows us to be strengthened with the spirit of God in us!!

God loves us, and He is concerned about us. It is our responsibility to spread His love of humanity throughout the world!!

May God bless you, and Heaven smile down upon you!

God bless,

Pastor Cleave



**Hamden Plains United Methodist Church, Hamden, Connecticut**

**Sunday worship: 10:15 a.m.:**

**Rev. Cleaven Johnson, Jr., preaching**

**Services will be available at**

<https://www.youtube.comchannel/UCxwHc1E3YK4W1nHICT5iAA>

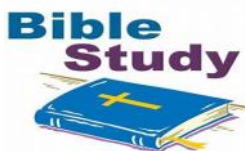
or <https://tinyurl.com/t9q8gw6>

**with thanks to Dunn Pearson, Producer**



**Become  
Part of  
Our  
Church  
Family**

If you are interested in joining HPUMC please contact the Office at 203.248.4654 or [secretary.hpumc@gmail.com](mailto:secretary.hpumc@gmail.com)



**BIBLE STUDY FELLOWSHIP**

Meets every Tuesday, 6:30 - 7:30 p.m. VIA ZOOM

Link will be email each Tuesday afternoon.

ALL are welcome.

**Upcoming  
Events**



**February meeting schedule:**

**Each Wednesday, 11 a.m., Prayer Team**

**Each Wednesday, 7:00 p.m., Choir Rehearsal**

**Tuesday's 6:30 Bible Study Via Zoom**

**Wednesday 2/26/25 Prayer and Healing 1 pm, Prayer Room**

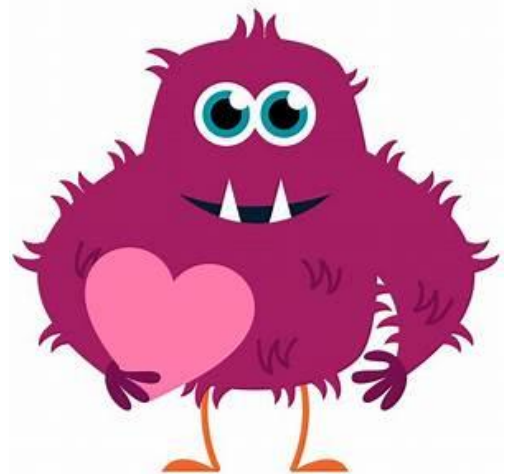
**Thursday 2/6/25 SPRC 8:00 pm (closed meeting)  
via Zoom**

**Thursday 2/13/25 Admin/Trustees 7:00 pm via Zoom**

## **WEATHER PROTOCOL**

If the weather is bad out or you just are not sure if you should come church,  
please stay safe and do what is right for you!!!

If Pastor Cleave cancels church we will send out and email prior to 9 am.  
We will also put up notification on ABC (8), NBC (4), CBS (3)



**YOUTH  
BIBLE  
STUDY**



**Tuesday Evening  
in the Narthex  
7:30-8:30 pm**

For more information see  
Perjah Delgado.



**Please send in special achievements so we may  
acknowledge those who have excelled above and beyond.**

Also if you would like prayers for anyone drop us a note with their  
name and reason for the prayer.

Send both to: [secretary.hpumc@gmail.com](mailto:secretary.hpumc@gmail.com)



# PUZZLE CORNER

## February Word Search



K E A C P R I F Q J N Y A G J S F E  
 V W K H X E Q A V Y H F Q G A F R P  
 Z R J O N L D U Q A M Q E B V N I Z  
 A U N C S A B F R U L Y G L K T E Q  
 S I V O B T S P L O A E D D R M N W  
 O N R L F I S E G O C R N X S Y D B  
 J K S A B O P N E Q W H I T E I S C  
 Q J V T B N R N W R T E O U I P S M  
 I L U E V S I Y K G R F R N S N O E  
 V S F E B H N T E O W I N T E R E T  
 E G B Z A I G U L P H R V R A Y C I  
 J N R F G P S N M O Q L O V E J N K

AQUARIUS

CHOCOLATE

FLOWER

FRIENDS

LOVE

PENNY


RELATIONSHIP

SPRING

VALENTINE

WINTER

Name: \_\_\_\_\_ Date: \_\_\_\_\_



## FEBRUARY

**WORD SCRAMBLE DIRECTIONS:**  
 Unscramble each set of letters to discover a vocabulary word relating to the wintry month of February.

OOCHLETAC _____	OBOST _____
SRCD A _____	CDOL _____
ICCELI _____	OLVE _____
CDUIP _____	IWRTEN _____
FBARYURE _____	CAYDN _____
CSFRA _____	NUOGOHRGD _____
SIMTNT E _____	SLAWKNOEF _____
KOCESIO _____	SEINNSDK _____
OFTABOLL _____	WANSMNO _____
HARET _____	TLEVINENA _____
UGH _____	RNSEDHFPPII _____
ESRO _____	IKSNGI _____

© 2024 puzzles-to-print.com

Name: \_\_\_\_\_ Date: \_\_\_\_\_

### NUMBER FILL IN PUZZLE 1

Work out which of the numbers goes in each space in the puzzle below.  
 One of the numbers has been done for you.

			4	2	0	3	5	8	
7									
2									
5									
6						6	5	9	
9									
2									

3 DIGITS	4 DIGITS	5 DIGITS	6 DIGITS
143	2639	19076	210496
267	3580	20537	420458
468	6034	32706	725692
669	7129	41037	
748	7519	41853	
946	9256	58321	
		84192	


 Free Math Worksheets, Math Games and Math Help  
[KTM-SCHOOLMATHS.COM](http://KTM-SCHOOLMATHS.COM)

1		2	3	4		12	6			7		
		8			7		3		9	10	6	11
	12		10		1	13	11				14	
3		15	2		14			9			12	
13			8		10	12	2		1	15		
	11	7	6			16		15			5	13
		10		5	15		4	8			11	
16		5	9	12		1					8	
	2				13		12	5	8			3
	13		15	3		14	8	16				
5	8		1			2			13	9	15	
		12	4		6	16	13		7			5
	3		12			6		4	11			16
	7		16	5	14			1			2	
11	1	15	9		13		2			14		
	14			11	2		13	3	5			12



# The Second Wednesday Women's Group

**DATE:** The second Wednesday of each month

**TIME:** 1:00 pm

**PLACE:** Hamden Plains UMC Prayer Room

## JANUARY



SNOW was the theme for our January meeting: Marion brought snowflake decorations and a snowflake cake for us to share, Holly's devotion and game were snow-related, and God provided the dusting of snow on the ground outside. The devotion talked about how we are just as unique as each snowflake, and that when our gifts are combined, they are as amazing as any snowman created by the tiniest of flakes.

The women were all given the same copy of the *Do You Wanna Build a Snowman?* game, the same color markers or pencils, the same kind of die, and the same instructions. One look at the finished snowmen on the bulletin board shows just how unique we all are! The love and laughter we share at these meetings bond us together even when we are apart.

All are invited to join us for our second week of February meeting at 12 noon in the Prayer Room.



HAMDEN PLAINS UNITED  
METHODIST CHURCH

**HEALTH CHECK-  
UP DAY!**

*Get Your Blood Pressure, Pulse, and Oxygen  
Saturation Levels Checked!  
Quick, Painless Procedures!*

*Last Sunday of each Month  
Time: After church service ends  
Location: Prayer Room  
Cost: FREE!*

*Why Check? It is wise to know your  
numbers.  
Bring your friends and family—everyone is  
welcome!  
For more information, contact:  
Brenda Pineau & Louise Pruchnicki*



Hi friends,  
Greetings to all. This newsletter I am writing about blood in your urine. This condition is also known by the medical term of Hematuria. This condition cannot be IGNORED!!!  
You can't always see this with the naked eye. It can be seen however under a microscope. Regular MD appts often pick this up. In many cases people have no pain or symptoms.  
Causes of hematuria:  
Urinary tract infection, Kidney stones, Blood thinners, Enlarged prostate  
Cancer in a small percentage of people  
Risk factors for Hematuria:  
Smoking, Family history of kidney disease, Radiation to the pelvis, Exposure to chemicals in the workplace  
A standard workup starts usually with a procedure called a cystoscopy. A urologist passes a camera enabling the doctor to see inside the bladder and urethra. A CT scan or MRI may also be ordered to rule out a cancer, stone or enlarged prostate.  
Some urology cancer facts:  
64 is the average age for someone being told they have kidney cancer.  
1 in 7 men will be told they have prostate cancer  
98 percent is the survival rate for prostate cancer if caught early.  
Age 15 to age 35 is the most common age range for testicular cancer to be found.  
Be proactive with your health. The good thing is knowledge is power!!!  
Take care friends,  
Fondly  
Brenda Pineau R.N.



If your health is compromised or you are in an at-risk group, please continue to enjoy our on-line worship option. We print the following in each Thursday's message field when we email the weekly bulletin and notices, to ease access for our members and friends.

Recording on HPUMC YouTube Channel:

[https://www.youtube.com/channel/UCxwHc1E3\\_YK4W1nHICT5iAA](https://www.youtube.com/channel/UCxwHc1E3_YK4W1nHICT5iAA) or <https://tinyurl.com/t9q8gw6>  
 (Sunday service recording will be posted as early as Sunday at 7:00pm or late as Monday at 7:00pm)

Contact George Joseph at [dgjoseph.home@gmail.com](mailto:dgjoseph.home@gmail.com) or 203.675.3595 if you need help.

### SIGN UP TO SERVE



You can now sign up as a cook or server for "Dinner for a \$" using Signup.com. Just click the link or copy into your address bar to volunteer to help at dinner for a dollar. We will send you a reminder of your commitment the week before you are to serve. Help feed families here in the Hamden Community through this important ministry!!

<https://signup.com/go/LpLESwA>



"A picture is worth a thousand words." Thank you to everyone who has sent me photos from our worship services and special events. They are such a beautiful and powerful testament to all that is going on at Hamden Plains UMC, we will be using them for the website, bulletin boards, and more. I welcome all photos, so if anyone has some to be included in our HPUMC Photo Ministry, please send them to Nancy Estes at [secretary.hpumc@gmail.com](mailto:secretary.hpumc@gmail.com).

### REPORTERS FOR THE MESSENGER:



We are actively searching for reporters for our monthly Messenger at HPUMC. Their duties consist of reporting and interviewing community leaders, Pastor J and other members of our church, while writing articles on events and happenings throughout the year. These persons will work closely with our Editor and chief Nancy Estes completing articles before monthly deadlines and submitting pictures for editorial. If you are interested please contact Pastor J or Nancy Estes.



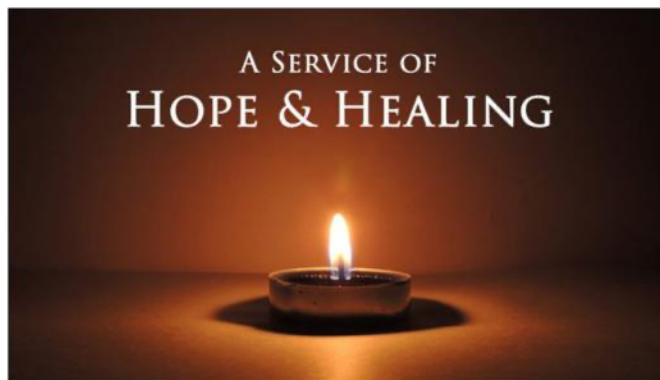
**Fellowship Time** : Sign-up sheets for HPUMC Fellowship Hour 2024 are now on the doors in the narthex Coffee Corner. Thanks so much for your help in making our Fellowship Hours welcoming for both members and guests.



**We have entered into a new way of contributing your tithes and offerings**



You can now give right through an app on your phone or by scanning the QR code on the right. We will then notify you we received your contribution.  
[www.venmo.com/HamdenPlains-UMC](http://www.venmo.com/HamdenPlains-UMC)  
 Any questions please call the office at 203.248.4654



**Shoreline/Havens Cooperative Parish Healing Prayer Services**

**The Rev Cindy Dodd, retired UM Elder, will be offering intercessory prayer services at 3 churches within our Cooperative Parish.**

All are welcome.

**4<sup>th</sup> Wednesday of Every Month**

**1:00pm**

**HPUMC Prayer Room**

**All are invited to join the Prayer Team for lunch at 12:00pm**

1st Tuesday of each month, 7pm, at 1st and Wesley UMC, 89 Center Street, West Haven

2nd Wednesday of each month, 1pm Branford UMC, 811 E Main Street, Branford

4th Wednesday of each month, 1pm Hamden Plains UMC, 15 Church Street, Hamden

The HPUMC Prayer Team meets every Wednesday from 11:00am - 12pm

All are welcome to join us.



Our **Prayer Team** meets in its established time: **Wednesdays, 11 a.m. – Noon**, in the Prayer Room (Nursery). If you are interested in participating, just come! If you want to know more, contact Holly O'Brien at 203.506.4822 or [hollyo-brien@snet.net](mailto:hollyo-brien@snet.net).



## WORSHIP ASSISTANT HELPERS NEEDED



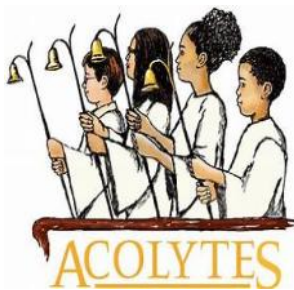
**Liturgists** assist the Pastor by reading scripture and leading some prayers. We welcome new liturgists! If interested please contact Megan Malanson (203.535.5569 or [megmalanson@yahoo.com](mailto:megmalanson@yahoo.com))

Greeters



**WE ARE LOOKING FOR GREETERS:** Greeters arrive early and welcome our congregation to Church. If you and/or your family are interested please contact the office at 203.248.4654 or [secretary.hpumc@gmail.com](mailto:secretary.hpumc@gmail.com)

### ACOLYTE AND CRUCIFER



**Acolytes** light the candles at the beginning of worship and extinguish them before brining the light out of the sanctuary, symbolic of taking Christ's light to the world. Youth younger than 8<sup>th</sup> grade typically perform this service.

**Crucifers** carry the cross in and out of our worship. Youth (8<sup>th</sup> grade and up) or adults may serve. If interested please contact the office at 203.248.4654 or [secretary.hpumc@gmail.com](mailto:secretary.hpumc@gmail.com)



# CHURCH NEWS



### Cans for Congo:

We want to send a thank you to those of you who have been donating their cans and bottles or receipts from recycling cans and

bottles for the Congo Mission to Mulungwishi Seminary. Please continue to bring in your receipts or cans to support this mission. The collection boxes for receipts and cans are located in the hall outside the offices.

### TO DONATE ALTAR



**FLOWERS** please contact Nancy Estes at 203.248.4654 (Tues.-Fri. mornings)

You may purchase flowers and bring them before Sunday services or donate \$30. Please make check payable to "HPUMC" memoed "altar flowers" or cash,. Wording may be "in honor of" or "in memory of" and will be listed in the bulletin. You may take the flowers or leave them to be delivered to our home-bound members. Your color preference requests, if any, should be placed with Nancy Estes when ordering. Sign-up on the Flower Chart on the bulletin board out side of the office. Thank you to all who participate in beautifying our altar.

### HAMDEN FOOD BANK



always needs your support and contributions to help Hamden residents who are in need. The items that we need are non-perishable foods and basic necessities, such as, soap,

toilet paper, tooth paste, tooth brushes, and diapers. Your generous support will be greatly appreciated.

### *"Dinner for a Dollar"*



serves take-out only from 6 – 7 p.m. following Quinnipiac Valley Health District guidelines. Cooking teams work 3 – 5:30 p.m.; serving teams serve 5:30 – 8 p.m. Meals are "to go" only. To assist **ANY Saturday** contact Marty Hartog at 203.506.9788 or [hartogm1@southernct.edu](mailto:hartogm1@southernct.edu)



### **INK CARTRIDGE RECYCLE PROGRAM**

**OUR INK CARTRIDGE RECYCLE PROGRAM** will gain us credit toward church office supplies. Please bring them during office hours, Tues. – Fri. 9:15 a.m. – 12:15 p.m., leave them in a bag outside the parking lot door at your convenience, or bring them to Sunday worship.



Thank you for dropping off your used cartridges!!

### The "March" Messenger" deadline is

Sunday, February 16th

(always the third Sunday of the preceding month).

**NO ARTICLES ACCEPTED AFTER DEADLINE!**

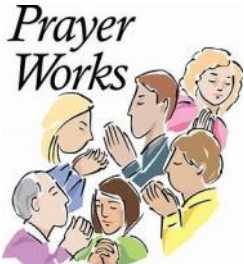


Please submit articles electronically (preferred) to [secretary.hpumc@gmail.com](mailto:secretary.hpumc@gmail.com) or hard copy to Nancy at the church office (Tuesday through Friday 9 :15 am – 12:15 pm) or by USPS at

15 Church Street, Hamden, CT 06514

## PRAYER REQUESTS

Please let the office or Pastor know if prayers are needed



**SPECIFIC PRAYER REQUESTS** should be called or e-mailed to Nancy Estes at 203.248.4654 or [secretary.hpumc@gmail.com](mailto:secretary.hpumc@gmail.com) or Holly O'Brien (203) 288-4252/ [hollyobrien@snet.net](mailto:hollyobrien@snet.net)

### PRAYER REQUESTS

*Pray without ceasing; give thanks in all circumstances; for this is the will of God in Christ Jesus for you.* 1 Thessalonians 5:17-19

Baby Leah as she recovers at home

Robert Pilletere

Lois Hartsoe, heart issues

Holly Wesman, partner of Karen Sroka, cancer

**Please pray for our Church daily**



**PLEASE CONSIDER SENDING A NOTE** to any of the folks below who either live alone, have care needs, or both. **This is the updated list.** Megan Malanson is tracking these contacts. If you make one and would like to report that to Megan, please reach her at [megmalanson@yahoo.com](mailto:megmalanson@yahoo.com). If there is someone you think should be contacted by the pastor, please notify him at [pastorjj.hpumc@gmail.com](mailto:pastorjj.hpumc@gmail.com).



### ADDRESSES FOR PEOPLE LIVING ALONE OR WITH CARE NEEDS:

*(Some opted not to be on this list: please contact Pastor with corrections.)*

Bales, Mary, 33 Woodruff Street, #113, Hamden, 06518

Hartsoe, Lois, 7310 Ashlar Village, Wallingford, 06492

Leno, Pat, 850 Mix Avenue, Hamden, 06514

Morrison, Claudette and Jimmy, 112 East Gate Lane, Hamden, 06514

Raccio, Carmine, 15 Sunrise Cove Road, Branford, 06405

Reynolds, Marianne, 520 Pool Rd. Apt. 424, North Haven, 06473

Shaw, Rosemary, 345 Fountain Street, Apt. 202, New Haven, 06515

Please keep those serving in the military in your prayers

**COMMUNITY PARTNERS**

Sundays	10:00 am– 12:00 pm	Preaching Healing Presbyterian Church Korean speaking
	1:00 pm - 3:00 pm	Iglesias Christiana– Spanish Church
Tuesdays	7:30 pm - 9:00 pm	Hispanic AA
Wednesday	6:30 pm—8:30 pm	Spanish Church Bible Study
Thursdays	7:30 pm - 9:00 pm	Men’s AA
	7:30 pm - 9:00 pm	Hispanic AA
4th Saturday	7:00 pm - 9:00 pm	AA Spanish Speaking D-10 A-11
Various Days/Times		Daniel Cohen

	February 2	February 9	February 16	February 23
<b>Liturgist</b>	Shelly Jones	Lynn Brantley	Carole Outlaw	Derrick Pommills
<b>Usher</b>	Randi Harrell	Sandra Wade	Holly O’Brien	Megan Malanson
<b>Fellowship Time</b>	Louise Pruchnicki	Megan Malanson	Sandra Wade	Doris Clark
<b>Counters</b>	Lynn Brantley Randi Harrell	Terri Bennett Kersten Moore	Marty Hartog Kirby Stafford	Lynn Brantley Randi Harrell



**February Birthdays**

7 <sup>th</sup> Jennifer Kirchoff	21 <sup>st</sup> Alexander Ritchie
8 <sup>th</sup> Perjah Delgado	24 <sup>th</sup> Reneejah Delgado
11 <sup>th</sup> Erik Malanson	24 <sup>th</sup> Teagan Hurley
13 <sup>th</sup> Carol Rivera	25 <sup>th</sup> Morgan Ritchie
13 <sup>th</sup> Reon Keller	26 <sup>th</sup> Madison Steigman
20 <sup>th</sup> Martin Hartog	

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Jimmy & Claudette Morrison  
2/14/1981



SUN	MON	TUES	WED	THURS	FRI	SAT
						1 Dinner for a Dollar 6 - 7pm
2 10:15 am Worship	3	4 Bible Study 6:30 pm	5 Prayer Team 11 am	6 SPRC 8 pm	7	8 Dinner for a Dollar 6 - 7pm
9 10:15 am Worship	10	11 Bible Study 6:30 pm	12 Prayer Team 11 am Women's Group Noon	13 Admin Team 7 pm	14	15 Dinner for a Dollar 6 - 7pm
16 Messenger Deadline 10:15 am Worship	17	18 Bible Study 6:30 pm	19 Prayer Team 11 am Hope & Healing Prayer 1:00 pm	20	21	22 Dinner for a Dollar 6 - 7pm
23 10:15 am Worship	24	25 Bible Study 6:30 pm	26 Prayer Team 11 am	27	28	



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*The Rev. Cleaven Johnson, Jr. Pastor*  
*Nancy Estes, Editor*

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E-MAIL: Secretary.hpumc@gmail.com



# February

**Messenger**  
**2025**

